



## **Good Faith Estimate of Services**

Tatiana Aviles LCSW-C TIN: 82-2546120 NPI: 1871967398

Standard Notice: "Right to Receive a Good Faith Estimate of Expected Charges"

Under the No Surprises Act (For use by health care providers no later than January 1, 2022) Instructions Under Section 2799B-6 of the Public Health Service Act, health care providers, and health care facilities are required to inform individuals who are not enrolled in a plan or coverage or a Federal health care program, or not seeking to file a claim with their plan or coverage both orally and in writing of their ability, upon request or at the time of scheduling health care items and services, to receive a "Good Faith Estimate" of expected charges.

The charges listed below are only estimates for psychotherapy session(s). Additionally, "Fee Discount" may be applied based on the discretion of the therapist. The standard meeting time for psychotherapy sessions lasts between 45-60 minutes. There might be issues/needs at each session that might require more time. This is something that will be discussed as the need arrives.

A short-term intervention treatment varies between 12 to 20 sessions depending on the severity of the symptoms and issues brought to treatment. It is not unusual for treatment to last more than 20 sessions.

This estimate lasts 12 months from the time services are initiated. A new estimate will be issued and reviewed every 12 months.

You have the right to initiate the client-provider dispute resolution process if the actual billed charges are substantially in excess of the expected charges included in the Good Faith Estimate. This estimate is not a contract or a requirement that you as a client obtain services from any provider at Bilingual Counseling Services. You have the right to ask questions about the charges and services provided before, during, and after services are rendered.

Type of Services / Duration:

- Fees Initial phone or virtual consultation / under 10 min Free
- Initial evaluation and psychological assessment 50 -60 min \$200.00
- Follow up psychotherapy sessions after the initial evaluation 60min \$180.00
- Follow up psychotherapy sessions 45 min \$150.00
- Follow up psychotherapy sessions 30 min. \$120.00
- Standardized Screening Tools / Scales \$20.00
- Phone consultations under 10 min. Free
- Phone consultations over 10 min \$25.00
- No shows or late cancellations fees (under 48 hours notice) \$60.00
- Crisis Therapy additional 30 minutes \$100.00
- Psychotherapy for Crisis (client requesting to be seen within 24hrs and before their scheduled follow up session because of an urgent matter) 60 minutes \$250.00
- Simple written reports / Letter \$50.00
- Written reports in preparation for an appearance related to court cases incurred on your behalf, extended telephone consultations related to legal proceedings, and similar activities Court appearances, depositions, and similar activities \$250.00
- Family Psychotherapy without patient present 50 - 60 minutes \$150.00
- Family Psychotherapy with patient present 50 - 60 minutes \$180.00
- You are responsible for any bank fees for returned checks.

\*This will be the fees charged unless the patient and mental health therapist made different arrangements.

By signing below, I acknowledge I understand Standard Notice: "Right to Receive a Good Faith Estimate of Expected Charges"

---

Patient's Name/Date

---

Patient's Signature/Date

TATIANA AVILES, LCSW-C LLC  
Adult and Couples Therapy  
38 Cottage Field Court, Germantown MD 20874  
(301) 820-2352 [Bilingualcounseling@taviles.com](mailto:Bilingualcounseling@taviles.com)